



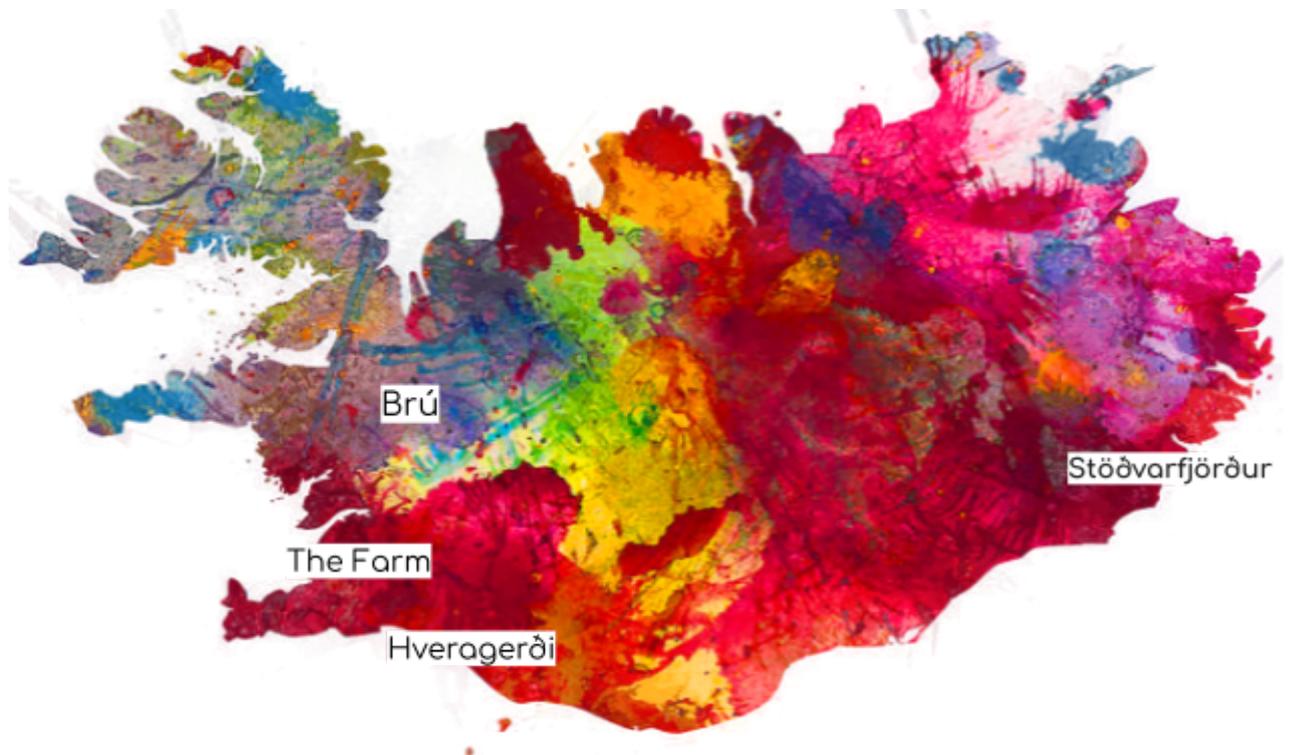
**Worldwide Friends - Veraldarvinir**  
Volunteers in Iceland

## Winter & Spring **WORKCAMPS 2022**

One Earth – Our Home



## Our Houses



- North West - Brú
- South - Hveragerði
- East - Stöðvarfjörður
- Reykjavík - The Farm

## WORK CAMPS LIST - 2022

CODE	PROJECT NAME	START DATE	END DATE	LOCATION	CAPACITY
WF01	Hveragerdi - Health & Environment	10-01	24-01	Hveragerdi	10
WF02	Hveragerdi - Health & Environment	24-01	07-02	Hveragerdi	10
WF120	East Iceland - Taking care of nature	01-02	12-02	Stöðvarfjörður	24
WF202	One Earth, Our home-Aurora Hunting & Global Warming	04-02	15-02	Brú	20
WF-6W-01	Let's get sustainable-6 Weeks on the Move	04-02	17-03	West/East/South	8
WF03	Hveragerdi - Health & Environment	07-02	21-02	Hveragerdi	10
WF121	East Iceland - Taking care of nature	15-02	26-02	Stöðvarfjörður	24
WF203	One Earth, Our home-Aurora Hunting & Global Warming	18-02	01-03	Brú	20
WF-6W-02	Let's get sustainable-6 Weeks on the Move	18-02	31-03	West/East/South	8
WF04	Hveragerdi - Health & Environment	21-02	07-03	Hveragerdi	10
WF122	East Iceland - Taking care of nature	01-03	12-03	Stöðvarfjörður	24
WF204	One Earth, Our home-Aurora Hunting & Global Warming	04-03	15-03	Brú	20
WF-6W-03	Let's get sustainable-6 Weeks on the Move	04-03	14-04	West/East/South	8
WF05	Hveragerdi - Health & Environment	07-03	21-03	Hveragerdi	10
WF123	East Iceland - Taking care of nature	15-03	26-03	Stöðvarfjörður	24
WF205	One Earth, Our home-Aurora Hunting & Global Warming	18-03	29-03	Brú	20
WF-6W-04	Let's get sustainable-6 Weeks on the Move	18-03	28-04	West/East/South	8
WF06	Hveragerdi - Health & Environment	21-03	04-04	Hveragerdi	10
WF124	East Iceland - Taking care of nature	29-03	09-04	Stöðvarfjörður	24
WF206	One Earth, Our home-Aurora Hunting & Global Warming	01-04	12-04	Brú	20
WF-6W-05	Let's get sustainable-6 Weeks on the Move	01-04	12-05	West/East/South	8
WF07	Hveragerdi - Health & Environment	04-04	18-04	Hveragerdi	10
WF125	East Iceland - Taking care of nature	12-04	23-04	Stöðvarfjörður	24
WF207	One earth, Our home- Let's Prevent Global Warming	15-04	26-04	Brú	20
WF-6W-06	Let's get sustainable-6 Weeks on the Move	15-04	26-05	West/East/South	8
WF08	Hveragerdi - Health & Environment	18-04	02-05	Hveragerdi	10
WF126	East Iceland - Taking care of nature	26-04	07-05	Stöðvarfjörður	24
WF208	One earth, Our home- Let's Prevent Global Warming	29-04	10-05	Brú	20
WF-6W-07	Let's get sustainable-6 Weeks on the Move	29-04	09-06	West/East/South	8
WF09	Hveragerdi - Health & Environment	02-05	16-05	Hveragerdi	10
WF127	East Iceland - Taking care of nature	10-05	21-05	Stöðvarfjörður	24
WF209	One earth, Our home- Let's Prevent Global Warming	13-05	24-05	Brú	20
WF-6W-08	Let's get sustainable-6 Weeks on the Move	13-05	23-06	West/East/South	8
WF10	Hveragerdi - Health & Environment	16-05	30-05	Hveragerdi	10
WF210	One earth, Our home- Let's Prevent Global Warming	27-05	07-06	Brú	20

WF-6W-09	Let's get sustainable-6 Weeks on the Move	27-05	07-07	West/East/South	8
WF11	Hveragerdi - Health & Environment	30-05	13-06	Hveragerdi	10
WF128	East Iceland - Taking care of nature	24-05	04-06	Stöðvarfjörður	24
WF211	One earth, Our home- Let's Prevent Global Warming	10-06	21-06	Brú	20
WF-6W-10	Let's get sustainable-6 Weeks on the Move	10-06	21-07	West/East/South	8
WF129	East Iceland - Taking care of nature	07-06	18-06	Stöðvarfjörður	24



# ONE EARTH, OUR HOME-PREVENTING GLOBAL WARMING/ONE EARTH, OUR HOME-AURORA HUNTING & GLOBAL WARMING

## PROJECT LOCATION

Worldwide Friends Iceland is running a center of Environment & Sustainability near the crossroads to the West, South, and North of Iceland. The center is called BRÚ, and it is located in Hrutafjordur which is 36 km long fjord in Hunathing vestra, on the R1.

Keep in mind that is a 1-hour drive to the closest city (Borgarnes). Based just off the main road, we are not set in a town, therefore the only way to get around is by car.

Workcamp	Address
Brú	Þjóðvegur, Iceland

Click for the Google Maps [link](#)

## WORK

This camp has a variety of activities. However, our main activity is *Beach Cleaning*, as our goal is to clean the entire Icelandic coastline. Last year we cleaned almost 800 km and removed about 95 tons of waste from the shores.

We work with the local community and forestry associations as well as helping with the reforestation of the areas nearby. Some days, when the weather conditions are not suitable, we will focus on renovation work; painting or fixing things around and inside the house.



Just like us, our waste also deserves a second chance. We will upcycling garbage into art! While creating bookshelves out of driftwood or designing a chair with old tires and nets, your imagination is the limit!

Brú's stunning surrounding countryside offers the perfect tonic to relax and leave the hustle and bustle of everyday life.

Around the house, you can find a lot of pure and unspoiled nature, waterfalls, rivers, canyons, and craters. The purpose of the center is to protect nature in the area and to raise the awareness of sustainability among the locals and the visitors who are coming to the area.

Our work will depend on weather conditions, which is why we must be flexible. Be prepared for unfriendly weather, as they say: if you don't like the Icelandic weather, just wait 5 minutes it might change. Working hours are about 5 hours a day, 5 days a week.

## ACCOMMODATION

Volunteers will be staying in the house of Worldwide Friends in Brú. The house is approximately 1.000 m<sup>2</sup> and has 12 double rooms, a fully equipped kitchen, several bathrooms, common areas, workshop rooms, and galleries.

Volunteers need to bring their own sleeping bags, but beds and sheets are provided. Wireless internet access is provided free of charge.

## ADDITIONAL INFORMATION

There is an extra participation fee of €400 for this workcamp. WF will arrange a minibus trip from Reykjavik to Brú and back again which is almost 400 km in total – this trip includes several stops where you will discover unique Icelandic sights, such as waterfalls, volcanic areas, and lava fields. Please keep in mind that the bus is leaving Reykjavik on the first day of the camp at 09.00 am and it will depart on the last day of the camp at 11.00 am.



# EAST ICELAND - TAKING CARE OF NATURE

## PROJECT LOCATION

Scoured by Ice Age glaciers, the dramatic east coast boasts long, narrow fjords with steep sides and jagged peaks which contrast with inland fertile farmlands.

Natural harbors depict postcard-like fishing villages and seemingly never-ending roads across the region, providing beautiful views.

"Fjarðabyggð" is an association of villages in the Eastern fjords of Iceland. It includes the town of **Stöðvarfjörður**, which is where the WF House is located. This village is the most southerly settlement in Fjarðabyggð. The mountain panorama seen straight out of the village is magnificent, and numerous stunning natural features can be reached by hiking. Stöðvarfjörður has an approximate population of 200 people.



Workcamp	Address
Stöðvarfjörður	Fjarðarbraut 54, 755 Fjarðabyggð, Iceland

Click for the Google Maps [link](#)

## WORK

This camp has a variety of activities. However, our main activity is *Beach Cleaning*, as our goal is to clean the entire Icelandic coastline.

We work with the local community as well helping with the reforestation of the areas nearby.

Some days, when the weather conditions are not suitable, we will focus on renovation work; painting or fixing things around and inside the house.

Just like us, our waste also deserves a second chance. We will upcycling garbage into art! While creating bookshelves out of driftwood or designing a chair with old tires and nets, your imagination is the limit!

Our work will depend on weather conditions, which is why we must be flexible. You should be prepared for unfriendly weather, as they say: if you don't like the Icelandic weather, just wait 5 minutes it might change.

Our work will depend on the needs of the local community and the season. This is a perfect camp for people who like outdoor work and physical challenges. Working hours are about 5 hours a day, 5 days a week.

## ACCOMMODATION & FOOD

Volunteers will be staying in the house of Worldwide Friends in Stöðvarfjörður. The house is approximately 480 m<sup>2</sup> and has 6 quadruple rooms, two fully equipped kitchens, several bathrooms, common areas, and workshop rooms.

Volunteers need to bring their own sleeping bags, but beds and sheets are provided. Wireless internet access is provided free of charge.

## ADDITIONAL INFORMATION

There is an extra participation fee of €450 for this workcamp. The fee includes the trip from Reykjavik to Stodvarfjordur and back again which is almost 1,300 km in total and takes 2 full days (the first day of the camp and the last one). On the way to the camp, we will drive through the south to the east of the island. After the camp, we will drive through the north and west to Reykjavik (if road conditions are favorable). This trip includes several stops where you will discover unique Icelandic sights, such as glacial lagoons, waterfalls, volcanic and geothermal areas, glaciers, lava fields, hot springs, rhyolite mountain ranges, steam-vents or even icebergs.

# HVERAGERDI - HEALTH & ENVIRONMENT

## PROJECT LOCATION

Hveragerði is a small town of about 1,700 inhabitants that lies 45 km east of Reykjavík. This friendly little community sits on top of a highly active geothermal field, which provides heat for hundreds of greenhouses where fruit, flowers, and vegetables are produced throughout the year. Even bananas grow in these greenhouses! The name Hveragerði means “hot springs garden”. Geothermal energy is Hveragerði’s lifeline and chances are you won’t find such a natural wonder in the middle of a populated area anywhere else in the world. Nearby you will find an even more geothermally active site: Gufudalur, the lovely “Steam Valley” behind the town. This whole valley is full of hot springs, geysers, mud pots, fumaroles and steaming vents.

Our host is a non-profit organization called the NLFH Rehabilitation and Health Clinic, which is a part of the Natural Health Association of Iceland. Every year approximately 2,000 patients and other guests enjoy their diverse rehabilitation programs, which are focused on an approach that builds self-confidence and personal responsibility for the patients’ own health. The clinic has earned a solid reputation, both in Iceland and internationally, since its foundation in 1955 for the personal and effective care of patients. It is one of the two most important rehabilitation clinics in Iceland. In the last years, this ongoing camp has been the most popular camp in our organization.

Workcamp	Address
Hveragerði	Grænumörk 10, Hveragerði, Iceland

Click for the [Google Maps link](#)

## WORK

The Natural Health Association has a horticultural and environmental department, including forestry, gardening, and greenhouses, which is where Worldwide Friends volunteers work most of the time. Volunteers will help with growing tomatoes, cucumbers and making tea made of Icelandic herbs, and also doing some environmental work around the property.



The nature of the work depends largely on weather conditions, which can change quickly. Volunteers should bring clothes appropriate for outdoor work, but also clothes for working inside the warm greenhouses. Working hours are usually from 9 a.m. to 3 p.m. and volunteers will have a one-hour lunch break.

## ACCOMMODATION

Volunteers will be staying in the house of Worldwide Friends in Hveragerði. The house is within the medical compound and has 6 double rooms, a fully equipped kitchen, several bathrooms, common areas, and workshop rooms.

Volunteers need to bring their own sleeping bags, but beds and sheets are provided. Wireless internet access is provided free of charge.

## ADDITIONAL INFORMATION

There is an extra participation fee of €350 for this workcamp.

The fee includes a minibus trip from the meeting point of the camp to Hveragerdi and the Golden Circle South Iceland excursion.



# LET'S GET SUSTAINABLE- 6 WEEKS AROUND ICELAND

## PROJECT DESCRIPTION

DURING THE SIX WEEKS, YOU WILL TRAVEL AROUND ICELAND STARTING IN **BRÚ** (NORTHWEST) FOR 2 WEEKS IN OUR SUSTAINABLE CENTER. TRAVEL THE NORTH ROUTE TO **STÖDVARFJÖRÐUR** (EAST) STAY 2 WEEKS. FINALLY WILL TAKE THE SOUTH ROUTE TO **Hveragerði** (SOUTH) FOR THE LAST 2 WEEKS.

## LOCATION

The volunteers will stay in our different accommodations, 2 weeks in each house.

Workcamp	Address
Stöðvarfjörður	Fjarðarbraut 54, 755 Fjarðabyggð, Iceland
Brú	Þjóðvegur, Iceland
Hveragerði	Grænumörk 10, Hveragerði, Iceland

## WORK

Volunteers will do clean the coastline in different parts of the island and help to recycle the plastic which we are collecting there. Working hours are 4 - 6 hours per day five days a week. The clean-up of the coastline is the main task but we will also plant trees during the camp if the season allows it. We work with the local community as well helping with the reforestation of the areas nearby.

Some days, when the weather conditions are not suitable, we will focus on renovation work; painting or fixing things around and inside the house.

We will upcycling garbage into art! While creating bookshelves out of driftwood or designing a chair with old tires and nets, your imagination is the limit!

Our work will depend on weather conditions, which is why we must be flexible. You should be prepared for unfriendly weather, as they say: if you don't like the Icelandic weather, just wait 5 minutes it might change.

Hveragerði: The Natural Health Association has a horticultural and environmental department, including forestry, gardening, and greenhouses, which is where Worldwide Friends volunteers will be working in the

greenhouses planting and harvesting vegetables, doing weed control, and sometimes you will also be gardening.

## ACCOMMODATION

Volunteers will be staying in the houses of Worldwide Friends. The houses are fully equipped with several dormitories each. Each house has fully equipped kitchens, several bathrooms, common areas, workshop rooms, and galleries. Volunteers need to bring their own sleeping bags, but beds and sheets are provided. Wireless internet access is provided free of charge.

Food is included for the duration of the work camp; however, everyone is expected to do their fair share of the cooking and cleaning. We provide a well-balanced and healthy variety of food products that includes a wide variety of whole grains, seasonal fruits & vegetables, pantry staples, dairy products, vegetarian/vegan options.

## ADDITIONAL INFORMATION

There is an extra participation fee of €1200 euros for this workcamp. You will travel along the Ring Road, which circles the entire country. Starting in Brú. After we will travel to the east which is about 9 hours. And our final stop: Hveragerði & Back to the city! Almost 1300 km in total – this trip includes several stops where you will discover unique Icelandic sights, such as waterfalls, volcanic areas, and lava fields.



Work

Workcamps typically last 10 to 14 days. Working hours are usually about 20-35 hours a week (five to seven hours a day, five days a week). Any exceptions will be noted in the project descriptions.

Location of Workcamps

Workcamp	Address
Stöðvarfjörður	Fjarðarbraut 54, 755 Fjarðabyggð, Iceland
Brú	Þjóðvegur, Iceland
Hveragerði	Grænumörk 10, Hveragerði, Iceland
Farm	Úlfarsfellsvegur, Reykjavík, Iceland

Volunteers should bring clothes appropriate for outdoor work, but also clothes for working inside the warm greenhouses.

Workshops

Our main focus during the project will be on Global Warming and how to prevent it. Throughout a series of different workshops, the goal is to improve the environmental education and consciousness of the projects' participants, e.g.: Green Energy, Sustainable Householding, Waste Treatment, Nutrition, The Effects of Consumption, and more. Take part in this promising project and spring into action against climate change!

Please note that this project is a learning/exchange project where everyone is expected to contribute their own knowledge and experience, and not a standard work camp. The main objective of the project is to learn about different aspects of environmental and sustainability issues through a selection of workshops, discussions, and visits. Workshops can include topics such as renewable energy, food waste, and sustainable practices such as collaborative consumption or vegetarianism. This project will help you to be an environmentally conscious traveler and consumer.

This work camp is a way to enjoy an amazing time in Iceland with other international volunteers and to have an incredible experience where participants share their knowledge with each other while they are exploring creativity, environmental issues, and intercultural learning.



UNA Magazine

Every year WF Iceland hosts hundreds of international volunteers participating in projects all around the island. WF Iceland publishes a magazine called UNA, where people can read about the life of the organization and diverse environmental issues written by our volunteers and camp leaders.

You can find the latest issue on the following website: [issuu.com/worldwidefriends](http://issuu.com/worldwidefriends)

ACCOMMODATION & FOOD

Volunteers will be staying in the houses of Worldwide Friends. The houses are fully equipped with several dormitories each. Each house has fully equipped kitchens, several bathrooms, common areas, workshop rooms, and galleries. Volunteers need to bring their own sleeping bags, but beds and sheets are provided. Wireless internet access is provided free of charge.

Food is included for the duration of the work camp; however, everyone is expected to do their fair share of the cooking and cleaning. We provide a well-balanced and healthy variety of food products that includes a wide variety of whole grains, seasonal fruits & vegetables, pantry staples, dairy products, vegetarian/vegan options.

AGE LIMIT

In general, volunteers should be at least 18 years old. There is no maximum age limit for the majority of our workcamps.

REQUIREMENTS

English is the main language spoken in our camps, therefore, a basic knowledge of English is required.

**Volunteers with special needs:** Our camps are open to everyone. If you have volunteers with special needs, please contact us. We will do our very best to find a way to host you

## THE FIRST & LAST DAY OF THE WORKCAMP

The first day of the camp is *Arrival Day* and the last day of the camp is *Departure Day*. The minibus, will be at the meeting point in Reykjavik on the first day of the workcamp in the morning and arrive again at the Meeting Point.

Workcamp	Meeting Point	Departure Day	Arrival Day
Stöðvarfjörður	Reykjavik City Hall, Tjarnargata 11	8:30:00 a. m.	21:00
Brú			18:00
Hveragerði			18:00

We strongly recommend arriving in Iceland at least one day before the first day of your workcamp and depart no earlier than one day after the last day of your workcamp.

## ICELANDIC WEATHER

All of our trips and outdoor activities are dependent on weather and general conditions. Please keep in mind that Iceland is and will always be Iceland. The weather changes fast on our northern island and with it, conditions change, therefore we have to be flexible.

## EXTRA PARTICIPATION FEE

We charge an extra participation fee for all our camps. Volunteers are expected to pay the workcamp fee in cash (EUR, USD or ISK) upon their arrival at the camp.

WF Iceland charges a participation fee for the following reasons:

- Lack of support from the government and other sources;
- For some of our workcamps, WF must supply food, which is quite expensive in Iceland compared to other European countries;
- For most of our workcamps, WF has to cover both food and accommodation costs;
- Most of our partner organizations in other countries cover their administration costs through the fees they charge the volunteers they send abroad.

## INFORMATION SHEETS

We will send out detailed information sheets with practical information and camp details on the acceptance day.

## TRANSPORTATION TO WORKCAMP

We will arrange a minibus trip from Reykjavik to all of our workcamp locations. The minibus fee is included in the total fee for the workcamp.

## ACCOMMODATION BEFORE/AFTER WORKCAMP

We can offer accommodation before and after the camp for 30 euro per night – please note that there is limited space in our house

## INSURANCE

Veraldarvinir provides a third-party liability during the duration of the camp. WF Iceland does not provide volunteers with medical insurance. Therefore, we strongly recommend that the volunteers purchase insurance for their stay here in Iceland. European volunteers should bring their European Health Cards (former E111).

## CAMP LEADERS

There are always two or more leaders for each camp, depending on the size of the group. Leaders represent the link between the hosting community and the group of volunteers. They coordinate the work, organize free-time activities and plan excursions, shopping, and cooking sessions. Apart from these additional responsibilities, they are equal to the other volunteers. All our leaders start their program with one week of training.

## PASSPORTS, VISAS & REGULATIONS

Citizens from many countries do not require a visa to visit Iceland for up to three months, so long as their passport is valid for more than six months after their planned arrival date. For more detailed information on visas, please visit: <http://www.utl.is/index.php/en/visas>

Regarding COVID restrictions, [Island](#) is offering an online guide to take you through the rules that apply when you visit Iceland, tailored to your specific situation (your vaccination status, nationality, etc.)

### THE ORGANIZATION

Worldwide Friends Iceland (WF) was founded in 2001 as a non-governmental, non-profit organization promoting nature and peace-oriented activities among people interested in spending time in Iceland as volunteers.

The main activities offered by WF Iceland are workcamps, exchange programs, and educational seminars.

Veraldarvinir's main aim is to increase intercultural understanding by offering foreign volunteers the opportunity to take part in nature and peace-related activities.

For volunteers coming to Iceland, such projects will give them a unique opportunity not only to explore and directly interact with Iceland's unique culture and landscape but also work with other international volunteers and local residents in challenging and unfamiliar contexts.

### GLOBAL WARMING

This year "Global Warming" is our main theme throughout our different work camps. The volunteers will have workshops and group discussions about the theme. Humanity must act in a more environmentally friendly way. The main goal of this project is to improve the environmental education and consciousness of the projects' participants.

Within the project, we will learn and write about green energy, sustainable householding, waste treatment, and how you can help reduce global warming. Taking part in this promising project and spring into action.

### VERALDARVINIR/WF ICELAND AIMS AT :

- Promoting peace and friendship
- Promoting intercultural learning and awareness
- Preserving Icelandic nature and raising awareness about environmental issues
- Promoting voluntary work and a culture of volunteering

### CONTACT INFORMATION

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### WEBSITE & SOCIAL MEDIA

Website	<a href="http://www.wf.is">www.wf.is</a>
Facebook	<a href="https://www.facebook.com/WFveraldarvinir">WFveraldarvinir</a>
Instagram	<a href="https://www.instagram.com/WF_veraldarvinir">WF_veraldarvinir</a>
UNA magazine	<a href="http://www.una.org.uk/ISSUU">UNA magazine on ISSUU</a>

We encourage all our partners and volunteers to check out our website for more information about our projects. There you will find more detailed information, videos & photos from our workcamps.

Our Facebook page and Instagram profile are updated by our volunteers with their daily activities and future projects.

